

RE: Altitude Sickness Prevention

From	Jamie Rosenwald <jrosenwald@daltoninvestments.com>
To	Lawrence Pollister <abe.pollister@icloud.com>
Cc	Laura Rosenwald <ldprose@gmail.com>, James Benno 🍷🐻 Rosenwald <Jamesbennor@gmail.com>
Date	Thu, 11 Jul 2019 16:45:19 +0000
Subject	RE: Altitude Sickness Prevention
Message-ID	<BYAPR11MB38466CA11B152A2EF840A4DECAF30@BYAPR11MB3846.namprd11.prod.outlook.com>
Source mailbox(es)	BENNO; INBOX

Happy to have a humidifier in the room in Telluride. I will eat a few Advil's before arrival. Not sure I need Diamox.

Thank you,

j

-----Original Message-----

From: Lawrence Pollister <abe.pollister@icloud.com>

Sent: Wednesday, July 10, 2019 5:49 PM

To: Jamie Rosenwald <jrosenwald@daltoninvestments.com>

Cc: Laura Rosenwald <ldprose@gmail.com>; James Benno 🍷🐻 Rosenwald <Jamesbennor@gmail.com>

Subject: Altitude Sickness Prevention

Dear Jamie,

As I know you worry about altitude sickness in Telluride, you may want to ask your family physician about a prophylactic prescription for Diamox to prevent altitude sickness. Usually, you start the prescription the day before you head to altitude and continue 2-3 days.

Do you want me to request a humidifier in your room or anything else that might help you?

Just things I think about while lying in bed awake at night.